

Why Do I Need This Test?

Your provider ordered a urodynamic study to better understand your urinary symptoms and how your bladder is functioning.

This test can help evaluate symptoms such as:

- Frequent urination
- Leakage or loss of bladder control
- Sudden urges to urinate
- Difficulty emptying your bladder
- Bladder pressure or discomfort

The information from this test helps your care team:

- Identify what may be causing your symptoms
- Confirm a diagnosis
- Create a treatment plan that is right for you

Every bladder is different.

This test helps us tailor your care to your specific needs.

Contact Information



Location

5500 Pine Lake Rd,
Lincoln, NE 68516



Phone

(402) 489-8888

Referral Phone

(531) 739-5666



Website

<https://ne-urology.com>

Email

Contact@ne-urology.com

Fax

402-421-1945

Call To Schedule Today

Scan this QR code to learn more about Urodynamics



What is an Urodynamic Study?

A urodynamic study (UDS) is a test that helps us understand how your bladder is working.

It looks at how your bladder:

- Fills with urine
- Holds urine
- Empties urine

This test helps your care team learn more about what may be causing your urinary symptoms and choose the best treatment for you.

A urodynamic study:

- Is done in the clinic
- Does not involve surgery
- Usually takes less than 2 hours



<https://ne-urology.com/service/other-treatments-procedures/urodynamic-testing/>

What to Expect During Your Study

A urodynamic study is done in the clinic and usually takes between 1.5 -2 hours.

During your study, you can expect:

- You may be asked to empty your bladder.
- Small, soft catheters will be gently placed to help measure bladder activity.
- Your bladder will be slowly filled while we monitor how it responds.
- You may be asked to describe sensations or perform simple actions, such as coughing.
- Once the test is complete, the catheters are removed and you may resume normal activities.

There may be discomfort with catheter placement, but most patients mention that there is little to no discomfort overall.

Our team will explain each step as it happens, and help keep you as comfortable as possible.

 **Nebraska Urology**

How to Prepare for Your Study

To help your study go smoothly, please follow these simple steps:

- Arrive with a comfortably full bladder.
- Take your usual medications, unless you were given different instructions. Any anticholinergic medications will need to be withheld for 5 days before the study.
- Bring current medications list and voiding diary if directed by your provider.
- Wear comfortable clothing.
- Plan to arrive a few minutes early.

Please let our office know if:

If you have questions or symptoms such as a possible UTI, please contact our office prior to your visit.

Coordinated, Efficient Care

We understand that access to urodynamic testing can be limited in many communities.

Our team offers a streamlined approach designed to reduce delays and support both patients and referring providers.

What you can expect:

- Out of town patients- Same day appointment with a urology provider followed by the UDS test. A Urinary Analysis (UA) must be completed 7 days prior.
- In Town Patients- Patients will come in for an appointment and UA, followed by the UDS test 7 days after.
- Timely results shared with referring providers.