

INSTRUCTIONS FOR SUPPRESSIVE OR PROPHYLACTIC ANTIBIOTICS

Your health care provider has recommended that you take a prolonged course of antibiotics to help with your urinary symptoms. These antibiotics are given in a smaller dose than a regular course of antibiotics might be given. Please note areas of caution when taking a prolonged course of antibiotics:

Macrochantin / Nitrofurantoin:

** In very rare instances, Macrochantin or Nitrofurantoin can cause respiratory problems. If you develop shortness of breath while on this antibiotic, please discontinue and contact our office. This respiratory condition called interstitial pneumonitis is a reversible condition if detected early.

** If you are taking a form of birth control, it would be recommended that use an alternative form of birth control during the course of the antibiotic as well as up to 1 week after finishing the antibiotic. Antibiotics can decrease the effectiveness of birth control.

Bactrim / Septra / Sulfamethoxazole:

** Please notify your health care provided if you are taking Coumadin, Warfarin or Dilantin prior to filling your prescription for one of the above antibiotics.

** These antibiotics can cause vaginal yeast infections. If you notice itching, burning or an increased discharge, please notify the office or you may try an over-the-counter yeast medication if you are comfortable doing that on your own.

** If you are taking a form of birth control, it would be recommended that use an alternative form of birth control during the course of the antibiotic as well as up to 1 week after finishing the antibiotic. Antibiotics can decrease the effectiveness of birth control.

IF YOU HAVE A “BREAK-THROUGH” INFECTION WHEN TAKING ANY ANTIBIOTICS FOR A LONG PERIOD OF TIME, PLEASE CALL OUR OFFICE TO BE SCHEDULED FOR AN URINALYSIS AND CULTURE OF YOUR URINE.

IF YOU CHOOSE TO HAVE THIS DONE OUTSIDE OUR FACILITY, PLEASE MAKE SURE YOUR PROVIDER CULTURES YOUR URINE AND SENDS A COPY TO OUR OFFICE AT FAX # 402-421-1945.