

CYSTOSCOPY

A cystoscopy is a procedure that lets your doctor look directly inside your urethra and bladder. Cystoscopy can be helpful to diagnose a problem with your urethra, bladder, kidneys, or prostate in men.

A cystoscope is used to do a cystoscopy. It is a telescope-like instrument that contains a special lens. The cystoscope also contains fiber optics, small wires that make a very bright light. The cystoscope may be straight and rigid, or it may be flexible to bend around curves in the urethra.

Preparing for the procedure

To help prepare for the procedure, do the following:

- Do not stop taking any medications you are taking unless specifically instructed to do so.
- Plan for the appointment to take 30 to 60 minutes.
- Follow any instructions given to you by your doctor.

The Procedure

Cystoscopy is done in the surgery center. The doctor, a nurse and a technician will be present. It only takes a few minutes, longer if a biopsy, x-ray, or treatment needs to be done.

During the Procedure

- Depending on your health history, you may be given antibiotics prior to the procedure.
- You will lie on your back on the exam table; women will be up in stirrups. You will be covered with a drape.
- Your urethra and the area around it will be washed with a prep to minimize the risk of infection.
- Anesthetic jelly will be inserted to numb the urethra. Other pain medication is usually not necessary.
- The cystoscope is inserted. A sterile fluid is put into the bladder to expand it. You may feel pressure from this fluid. When the doctor has looked all around your bladder, scope will be removed.

After the Procedure

- You can leave right after the procedure is completed.
- Drink plenty of fluids.
- You may have burning or light bleeding when you urinate. This is normal.
- Call your doctor if you have: heavy bleeding, or blood clots, burning that lasts more than a day, a fever over 101°, or trouble urinating.

Finding out the Results

Your doctor will discuss the results of your cystoscopy with you. If you had a biopsy, the results may take a week or more. Based on the findings of your cystoscopy, your doctor may recommend other tests or treatment.

***Please call Urology Surgical Center Staff (402-421-8899) with any questions or concerns you may have related to this procedure.